

Direct Observation of Procedural Skills (Surgical DOPS)

Trainer/Trainee Guidance Points

These guidance points are to be used in conjunction with point 6 ('performs the technical aspects in line with the guidance notes') on the main Surgical DOPS form. A mark should not be given for each of these points – they should instead be used to inform the mark to be given for point 6.

Specialty: Neurosurgery

Procedure: Carpal tunnel decompression

Steps to be performed

Step	Description
1	Position patient supine on + place arm outstretched on arm table
2	Tourniquet placement + setting (optional)
3	Appropriate incision placement with requisite instrumentation to facilitate procedure
4	Landmarks – palmar branch of median nerve, palmaris longus, flexor retinaculum
5	Recognises features of median nerve with anatomical variants
6	Demonstrates features of adequate decompression of flexor retinaculum
7	Haemostasis (after tourniquet release) with incision closure/dressing
8	Post operative instructions