Appendix 2: Core Surgical Training Syllabus

WBA

Formative WBAs may be used to assess and provide feedback on any areas of clinical activity. However, other than for the critical skills or where they have been identified to address a concern, WBAs are optional and trainees, therefore, do not need to use WBAs to evidence their learning against each syllabus topic.

Standards for technical skills

Each technical skill listed in this syllabus has a standard ascribed to it ranging from 1 to 4, to support understanding of the CiP supervision level required for completion of training:

1. Has observed. At this level the trainee:

- Has adequate knowledge of the steps through direct observation
- Demonstrates that he/she can handle instruments relevant to the procedure appropriately and safely
- Can perform some parts of the procedure with reasonable fluency
- 2. Can do with assistance. At this level the trainee:
 - Knows all the steps and the reasons that lie behind the methodology
 - Can carry out a straightforward procedure fluently from start to finish
 - Knows and demonstrates when to call for assistance/advice from the supervisor (knows personal limitations)
- 3. Can do whole but may need assistance. At this level the trainee:
 - Can adapt to well- known variations in the procedure encountered, without direct input from the trainer
 - Recognises and makes a correct assessment of common problems that are encountered
 - Is able to deal with most of the common problems
 - Knows and demonstrates when he/she needs help
 - Requires advice rather than help that requires the trainer to scrub
- 4. Competent to do without assistance, including complications. At this level the trainee:
 - With regard to the common clinical situations in the specialty, can deal with straightforward and difficult cases to a satisfactory level and without the requirement for external input
 - Is at the level at which one would expect a UK consultant surgeon to function
 - Is capable of supervising trainees

COMMON CONTENT MODULE

Basic Sciences

Objective	To acquire and demonstrate a knowledge of the basic science which
	underpins the practice of surgery
Knowledge	 Applied anatomy: Gross and microscopic anatomy of the organs and other structures Surface anatomy
	Imaging anatomy
	Development and embryology
	This will include anatomy of thorax, abdomen, pelvis, perineum, limbs, spine, head and neck.
	Physiology:
	General physiological principles including:
	Thermoregulation
	Metabolic, ionic and acid/base homeostasis
	Cardiorespiratory homeostasis
	Haemostasis
	Acid base balance This will include the physical and of energific energy systems relevant to every set the set of energific energy of the set of energific energy of the set of th
	This will include the physiology of specific organ systems relevant to surgical care including the cardiovascular, respiratory, gastrointestinal, urinary, endocrine, musculoskeletal and neurological systems.
	Pharmacology:
	 The pharmacology of drugs used in surgical practice, both for treatment and prophylaxis, including analgesics, antibiotics, anticoagulants and local anaesthetics
	• The pharmacology and recommended modification in the perioperative period of the common agents used for the treatment of chronic intercurrent disease
	 The pharmacological principles of general anaesthesia and intensive care medicine
	 The pharmacological principles relevant to the treatment of malignancy The pharmacological principles of immunosuppression
	Pathology:
	General pathological principles including:
	Necrosis and apoptosis
	Inflammation and immunity including transplant rejection
	Repair, regeneration and healing
	Thrombosis and embolism
	 Shock, systemic inflammatory response syndrome and multiple organ failure
	 Neoplasia including carcinogenesis, the biology of tumour growth, metastasis and the principles of grading and staging
	• Genetics including genomics The pathology of specific organ systems relevant to surgical care including
	cardiovascular pathology, respiratory pathology, gastrointestinal pathology,

genitourinary disease, breast, exocrine and endocrine pathology, central and peripheral, neurological systems, skin, lymphoreticular and musculoskeletal systems.
 Microbiology: Infection control including sources of infection, asepsis, disinfection and sterilisation General pathology of bacterial and viral disease including mechanisms of injury and systemic sepsis Soft tissue infections including cellulitis, abscesses, necrotising fasciitis and gangrene Hospital acquired infection, antibiotic governance and bacterial resistance Prevention of the transmission of blood born viral infection during surgery
 Medical physics: Principles of diagnostic and interventional imaging including plain and contrast radiography, ultrasound, CT, MRI, PET and radionuclide imaging Principles of diathermy, LASER, ultrasonic aspiration Principles of radiotherapy Application of robotics and artificial intelligence to surgery
 Medical statistics: Principles of screening The null hypothesis and common tests used with parametric and non-parametric data

The clinical method in surgical practice

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Objective	To demonstrate the knowledge and clinical skill necessary to assess and
	investigate a patient presenting to a surgical team
Knowledge	 For each of the index conditions below: epidemiology common presentations expected findings on history and examination natural history important investigations and likely findings management options and published guidelines prognosis
Clinical Skills	Take a tailored history and perform a relevant examination in an outpatient clinic Detect the need for and initiate resuscitation in an unwell patient Take a tailored history and perform a relevant examination for an acutely unwell patient Construct and investigate a differential diagnosis Facilitate a patient centred discussion of treatment options and agree on a management plan

Defense to		
Reference to	Critical care	
other relevant	Professional/leadership skills	-
syllabus items	Surgical care of the paediatri	-
Index conditions		ommon and important conditions about which a
	• •	e relevant clinical science and principles of
Over ever evertered	management are essential fo	
Organ system	Presentations	Conditions
<u>Abdomen</u>	Abdominal pain	Appendicitis
	Abdominal swelling	Gastrointestinal malignancy
	Change in bowel habit	Inflammatory bowel disease
	Gastrointestinal	Diverticular disease
	haemorrhage	Intestinal obstruction
	Dysphagia	Adhesions
	Dyspepsia	 Abdominal hernias
	 Jaundice 	Peritonitis
		 Intestinal perforation
		 Benign oesophageal disease
		 Peptic ulcer disease
		 Benign and malignant hepatic, gall bladder
		and pancreatic disease
		 Haemorrhoids and perianal disease
		 Abdominal wall stomata
		 Abdominal trauma including splenic injury
<u>Breast</u>	 Breast lumps and nipple 	 Benign and malignant breast lumps
	discharge	 Mastitis and breast abscess
	Acute Breast pain	
<u>Vascular</u>	 Chronic and acute limb 	 Atherosclerotic arterial disease
	ischaemia	 Embolic and thrombotic arterial disease
	 Aneurysmal disease 	 Venous insufficiency
	 Transient ischaemic 	 Diabetic ulceration
	attacks	Vascular injury
	 Varicose veins 	
	 Leg ulceration 	
<u>Cardiac &</u>		 Coronary heart disease
<u>respiratory</u>		 Valvular heart disease
		Bronchial carcinoma
		 Obstructive airways disease
		 Tumours of the chest including carcinoma
		of the bronchus
		Thoracic trauma
<u>Genitourinary</u>	Loin pain	 Genitourinary malignancy
	 Haematuria 	 Urinary calculus disease
	 Lower urinary tract 	 Urinary tract infection
	symptoms	 Benign prostatic hyperplasia
	 Urinary retention 	Obstructive uropathy
	Renal failure	
	 Scrotal swellings 	
	 Testicular pain 	

<u>Musculo-skeletal</u>	 Acute limb pain and deformity Chronic joint pain and deformity Back pain 	 Simple fractures and joint dislocations Fractures around the hip and ankle Degenerative joint disease Inflammatory joint disease including bone and joint infection Compartment syndrome Bony metastatic malignancy
<u>Skin, head and</u> <u>neck</u>	 Lumps in the neck Skin lumps Epistaxis Upper airway obstruction 	 Benign and malignant skin and subcutaneous lesions Benign and malignant lesions of the mouth and tongue Burns Soft tissue trauma and skin loss Infections related to the nose, ears, throat and face
<u>Neurological</u>	HeadacheComa	 Intracranial tumour Traumatic brain injury Common entrapment neuropathies Peripheral nerve injury Spinal nerve root entrapment, spinal cord compression & cauda equina compression
Endocrine	Acute endocrine crises	 Thyroid and parathyroid disease Adrenal gland disease Diabetes
<u>Paediatric</u>	Abdominal painVomitingConstipation	 Pyloric disease Intussusception Undescended testis, PPV and inguinal hernia Phimosis

Peri-operative care

Objective	To assess and manage preoperative risk and prepare a patient for theatre, to conduct safe surgery in the operating theatre environment and to provide medical care for the patient in the post- operative period.
Pre-operative car	<u>e</u>
Knowledge	 Risk factors for surgery and scoring systems including ASA and VTE risk Antibiotic and VTE prophylaxis guidelines Principles of ambulatory day surgery including selection and discharge criteria Ethical principles of, and legislative framework for, capacity and consent Nutritional assessment methods and feeding options
Clinical skills	 The safe prescribing of pharmacological agents used for the treatment of chronic intercurrent disease, modified appropriately to the peri-operative period The safe prescribing of measures for antibiotic and VTE prophylaxis Assessing patient capacity Obtaining consent for surgery

	1	
	Communication with anaesthetic and scrub teams in advance	
	Planning perioperative nutrition in advance in partnership with the	
	nutrition team	
	• Engaging with multidisciplinary team discussions including those with	
	oncology and interventional radiology	
Intra-operative ca		
Knowledge	The patient safety movement and the evidence behind the WHO	
	check list	
	The principles of positioning and pressure area care Dediction pressure area care	
	Radiation protection legislation	
	Guidelines for tourniquet use Sefety requirements for use of sharps, LASER and disthermy	
	 Safety requirements for use of sharps, LASER and diathermy What to do when something goes wrong 	
Clinical skills	 Anaesthetic monitoring techniques Maintanance of communication with theatre team throughout precedure 	<u></u>
Chilled Skins	Maintenance of communication with theatre team throughout procedur Crisis management	re
Technical skills	 Crisis management Safe positioning of the patient on the operating table 2 	<u> </u>
and procedures		
and procedures		
Dest enerative ea		,
Post-operative car		
Knowledge		
	 Epidemiology and prognosis of delirium Causes and clinical features of delirium 	
	 The impact of delirium on patient, family and carers 	
	 Spectrum of post-operative complications 	
	 Guidelines for indications, prescription and management of 	
	complications of the transfusion of blood products	
Clinical skills	Assessment of the unwell postoperative patient	
	 Writing an operation note with clear post-operative instructions 	
	 Delivery of effective analgesia 	
	 Diagnosis and treatment of VTE 	
	 Post-operative monitoring and optimisation of fluid & electrolyte balance 	ce
	 Diagnosis and treatment of post-operative infection and sepsis 	
	 Diagnosis and treatment of transfusion reactions 	
	Delirium	
	 Assessment of cognitive impairment seeking to differentiate dement 	ia
	from delirium, with the knowledge that delirium is common in people with dementia	
	 Management of patients with delirium including addressing triggers 	
	and using non-pharmacological and pharmacological methods where appropriate	ĩ
	 Explanation of delirium to patients and advocates 	

Basic surgical skills

Objective	To acquire and develop throughout the programme those generic ter	chnical
	skills common to all or many areas of surgical practice.	
Knowledge	Surgical wounds:	
	Classification of surgical wounds	
	Principles of wound management	
	Principles underlying incision placement including cosmesis and La	nger's
	lines, vascularity and function	
	• Principles underlying wound closure including suture method, need	dle
	types and the physical and biological characteristics of suture mate	erial
	The range, nomenclature and functional design of surgical instruments	
Technical skills	Effective hand washing, gloving and gowning	4
and procedures	Accurate, effective and safe administration of local anaesthetic	3
	Preparation and maintenance of an aseptic field	3
	Incision of skin and subcutaneous tissue:	3
	Ability to use scalpel, cutting diathermy and scissors	
	Control of superficial bleeding using diathermy and ligation	
	Closure of skin and subcutaneous tissue:	3
	 Accurate and tension free apposition of wound edges 	
	Knot tying by hand and instrument	
	Selection and placement of tissue retractors	2
	Insertion, fixation and removal of drains	2
	Appropriate selection and use of instruments to handle tissue with	2
	minimal trauma	2
	Taking biopsies, safe labelling and completion of request forms	2
	Anticipation of needs of surgeon when assisting	2
	Co-ordination of camera and instrument from a 2-dimensional display	
	during surgical endoscopy	

Critical care

Objective	To demonstrate the knowledge and clinical and technical skills necess	ary to	
	contribute to the management of critically unwell patients suffering	g from	
	traumatic injuries or sepsis.		
Trauma managen	nent		
Knowledge	A systematic, prioritised method of trauma management such as that s	et out	
	by the American College of Surgeons, Committee on Trauma		
	Scoring systems for assessment of global injury severity including ISS		
Clinical skills	Resuscitation and early management of the patient who has sustained		
	thoracic, head, spinal, abdominal and/or limb injury according to ATLS®	, APLS	
	or European Trauma Course guidelines		
Technical skills	Chest drain insertion	2	
and procedures			
Sepsis manageme	Sepsis management		
Knowledge	A systematic, prioritised method of managing the septic patient		
	Recommendations of the surviving sepsis campaign including the "Seps	is 6″	
Clinical skills	Resuscitation and early management of the septic patient		

Technical skills	Surgical drainage of pus	2
and procedures		
Intensive care me	<u>dicine</u>	
Knowledge	Classification of levels of critical care	
	Principles of organ support including:	
	 Invasive monitoring of circulation and ionotropic support 	
	 Mechanical ventilation and tracheostomy 	
	Haemofiltration and haemodialysis	
Clinical skills	Assessment of a patient receiving critical care	
	Surgical contribution, in discussion with the critical care team, t	o the
	management plan of a patient receiving critical care	

Surgical care of the paediatric patient

Objective	To assess and manage children with surgical problems, understanding the
	similarities and differences from adult surgical patients, within the appropriate
	legal and safeguarding frameworks.
Knowledge	An awareness of the normal physiological parameters at different ages
	Principles of vascular access in children
	Working knowledge of trust and Local Safeguarding Children Boards (LSCBs)
	and Child Protection Procedures
	Child protection law and the issues of consent in childhood
	Working knowledge of types and categories of child maltreatment
Clinical Skills	Recognise limitations of own knowledge and experience and seek early advice
	from dedicated paediatric teams
	History and examination of paediatric surgical patient
	Recognition of the unwell child
	Assessment of respiratory and cardiovascular status in a child
	Obtaining consent for operative treatment in a paediatric patient

Management of the dying patient

Objective	To demonstrate the knowledge and clinical skills necessary to manage the transition from life to death including palliation of symptoms, certification of
	death and the discussion of resuscitation status and organ donation.
Knowledge	Awareness of the public debate around resuscitation and palliative care, and organ donation
	Classification of organ donors
	The role of the coroner and the certification of death
Clinical Skills	Assessment and control of distress in the dying patient in collaboration with a palliative care team
	The diagnosis of death following irreversible cessation of brain-stem function Discussion of best interest including resuscitation status and limits of care with patient advocate
	Discussion of organ donation with family in collaboration with transplant coordinators

Health promotion

Ohiastina	This sullabus module sime to enable all surgical trainees to develop the
Objective	This syllabus module aims to enable all surgical trainees to develop the competencies necessary to support patients in caring for themselves; to
	empower them to improve and maintain their own health.
General aspects	
Knowledge	Damaging health and social issues such as excessive alcohol consumption, obesity, smoking and illicit drugs and the harmful effects they have on health The connection between mental health and physical health The importance of health education for promoting self-care for patients The GMC's requirement that doctors protect patients and colleagues from any risk posed by their own health
Clinical Skills	Modification of explanations to match the intellectual, social and cultural background of individual patients Patient centred care Identification and utilisation of opportunities to promote health including positive role modelling
Reference to	Nutrition (Module 5, Perioperative Care)
other relevant	 Drugs and alcohol (Module 1, Pharmacology)
syllabus items	 Screening (Module 1, Pathology)
synabas nems	
Ohaait	Child protection (Module 7, Surgical Care of the Paediatric Patient)
<u>Obesity</u> Knowledge	Classification of excess body mass
	The health risks posed by obesity including an increased incidence of coronary heart disease, type 2 diabetes, hypertension, stroke, and some major cancers Social, psychological and environmental factors that underpin obesity Physiological and metabolic effects of obesity on the surgical patient Available treatments for obesity including diet, exercise, medication and surgery
Clinical Skills	The ability to treat patients who are obese in a supportive and sensitive manner Assess and explain the higher risks for obese individuals undergoing surgery Management of cardiovascular, respiratory and metabolic complications in patients with obesity undergoing surgery Provide advice and guidance about weight loss to overweight and obese patients within the context of a multidisciplinary team
<u>Dementia</u>	
Knowledge	Clinical features of dementia and the distinction between it and delirium The impact of dementia on patient, family and carers Principles and key provisions of the relevant legislation regarding the safeguarding of vulnerable adults across the UK, such as the Mental Capacity Act 2005 and the Adult Support and Protection (Scotland) Act 2007
Clinical Skills	Recognises cognitive impairment and appropriately refers Management of surgical patients in the context of their dementia A range of techniques and strategies to communicate effectively with people with dementia and their carers/families Assessment of capacity, involvement of advocates and documentation of consent and best interests
Exercise and phys	

Knowledge	Physical inactivity as an independent risk factor for ill health and obesity Relationship between physical exercise programmes and healthy eating and smoking cessation programmes Government behaviour change programmes such as 'Let's Get Moving' and 'Shift into Sports'
Clinical Skills	Utilisation of all patient interactions as opportunities for health and fitness promotion with particular reference to the prevention and management of long-term chronic conditions such as coronary heart disease, diabetes, hypertension, obesity, cancer, osteoporosis, peripheral vascular disease and depression and the promotion of health and well being Modification of advice on physical exercise to the specific requirements of individual patients

CORE SPECIALTY MODULES

Cardiothoracic Surgery

Objective	To acquire experience of the management of cardiothoracic surgical patie	onts in
Objective		
	critical care and ward environments and participate under supervision in	n their
	operative management.	
Management of	the cardiothoracic surgical patient	
Knowledge	Principles of intra-aortic balloon pumps	
Clinical skills	Assessment and early management of the post-operative cardioth	oracic
	surgical patient including the use of inotropes and vasoactive drugs	
	Echocardiography including TOE	
	Assessment and planning the investigation of new and follow-up patients in	
	cardiothoracic surgical outpatient clinics	
Technical skills	Use of defibrillator	3
and		
procedures		
Operative cardio	othoracic surgery	
Knowledge	Specific knowledge relating to the principles of cardiopulmonary bypas	ss and
	myocardial management and their consequences. Includes an understa	anding
	of the relevant equipment and technology	
Technical skills	Sternotomy	1
and	Thoracotomy/thoracoscopy	1
procedures	Harvesting long saphenous vein	2

General Surgery

Objective	To develop the skills required to contribute to the management of general	
	surgical patients in elective and emergency settings and participate under	
	supervision in their operative management.	
Management of	the elective general surgical patient	
Clinical skills	Assessment and planning the investigation of new and follow-up patients in	
	general surgical outpatient clinics	
Technical skills	Outpatient treatment of haemorrhoids	2
and		
procedures		
Management of the acutely unwell general surgical patient		

Clinical skills	Contribution to the trauma team as general surgical representative Interpretation of abdominal CT scans	
	Assessment and early management of acutely unwell patients presentin	a with
	an acute abdomen	g with
Technical skills	Rigid sigmoidoscopy	2
and		
procedures		
Operative gener	al surgery	
Technical skills	Excision biopsy of skin lesion	2
and	Repair of primary abdominal wall hernia	1
procedures	Open and close midline laparotomy incision	1
	Placement of laparoscopic ports	1
	Appendicectomy	1
	Superficial abscess drainage	2

Intensive Care Medicine

Objective	To develop the skills required to contribute to the management of surgical	
	patients in the critical care environment.	
Clinical skills	Assessment of a patient receiving critical care	
	Daily management planning for a patient receiving critical care	
	Discharge planning	
	Contribution to critical care outreach service	
	Assessment of patients in the critical care follow up clinic	
Technical skills	Insertion of central venous catheter under ultrasound guidance	2
and	Insertion of arterial line	2
procedures	Percutaneous tracheostomy	1

Neurosurgery

Objective	To acquire experience of the management of neurosurgical patients in o	critical
	care and ward environments and participate under supervision in	their
	operative management.	
Knowledge	Physiology of intracranial pressure, cerebrospinal fluid and intracranial	blood
_	flow	
	Principles of management of subarachnoid haemorrhage	
Clinical skills	Interpretation of cranial CT scans	
	Contribution to the trauma team as neurosurgical representative	
	Assessment and planning the investigation of new and follow-up patients in	
	neurosurgical outpatient clinics	
	Assessment and early management of acutely unwell neurosurgical patie	nt
Technical skills	Lumbar puncture	3
and	Sampling of CSF from and administration of intrathecal antibiotics	3
procedures	through, lumbar drains and external ventricular drains	
	Insertion of ICP monitor	2
	Insertion of external ventricular drain	2
	Burr hole drainage of chronic subdural haematoma	2
	Dorsal exposure of spine	1
	Opening and closing craniotomy	1

Oral & Maxillofacial Surgery

Objective	To develop the knowledge and skills required to contribute to the management	
	of oral & maxillofacial surgical patients in elective and emergency settings and	
	participate under supervision in their operative management.	
<u>Trauma manage</u>	<u>ment</u>	
Knowledge	Patterns and management principles of facial fracture	
	Principles of the management of dento-alveolar trauma	
	Principles of the surgical management of dento-facial sepsis	
Clinical skills	Assessment and immediate management of dento-alveolar trauma	
	Interpretation of plain facial radiographs and CT scans	
Technical skills	Closure of simple facial lacerations including full thickness lip and eyelid	2
and	lacerations	1
procedures	Surgical management of simple mandibular and zygomatic fracture	2
	Application of intermaxillary fixation	3
	Surgical airway care including changing tracheostomy	
Elective OMFS		
Knowledge	Anatomy of teeth and supporting structures	
	Principles of the management of odontogenic cysts and impacted teeth	
	Principles of the management of premalignant and malignant conc	ditions
	affecting the head and neck	
Clinical skills	Assessment of patients presenting with dento-alveolar and intra oral m	ucosal
	signs and symptoms	
	Assessment of skin lesions of the head and neck	
Technical skills	Dental extraction	2
and	Surgical removal of retained roots and impacted teeth	1
procedures	Biopsy of intraoral lesions	2
	Split skin graft	1
	Full thickness skin graft	1
	Excision and closure of simple skin lesions	2

Otolaryngology

Objective	To develop the skills required to contribute to the management of
objective	otolaryngological patients presenting in elective and emergency settings and
	participate under supervision in their operative management
Clinical assessm	ent and emergency management
Clinical skills	Otoscopy
	Nasal examination with speculum
	Flexible nasendoscopy
	Assessment and planning the investigation of patients presenting with a neck
	lump
	Recognition of the clinical signs of airway obstruction and respiratory distress in
	adults and children
	Interpretation of audiological investigations
	Interpretation of head and neck CT and MRI
	Initial assessment and management of patients presenting with:
	• epistaxis
	acute tonsillitis and quinsies

	hearing loss	
	facial palsy	
	facial trauma	
	 foreign body 	
	 dysphagia 	
Technical skills	Packing of nose	2
and	Removal of nasal packing	3
procedures	Cautery of nasal mucosa	2
	Otomicroscopy and removal of foreign body	2
	Drainage of quinsy	1
Operative otolar	yngology	
Clinical skills	Diagnosis and medical management of post-operative haemorrhage foll	owing
	adenotonsillar surgery	
Technical skills	Insertion of grommets	2
and	Reduction of nasal fracture	2
procedures	Adult tonsillectomy	2
	Paediatric adenotonsillectomy	1
	Excision of neck lumps	2
	Excision of skin lesions	2

Paediatric Surgery

Objective	To develop the knowledge and skills required to contribute to the manage	ement
	of paediatric surgical patients presenting in elective and emergency setting	gs and
	participate under supervision in their operative management.	
Knowledge	The embryology of common congenital malformations	
	Detailed understanding of child protection legislation and working practic	ce
Clinical skills	Paediatric resuscitation	
	History and examination of neonatal surgical patient	
	Communication with children, their parents and carers	
	Assessment and planning the investigation of new and follow-up patients in	
	paediatric surgical outpatient clinics	
	Assessment and early management of acutely unwell paediatric su	urgical
	patients	
Technical skills	Circumcision	1
and	Non-neonatal inguinal hernia repair	1
procedures	Ligation of patent processus vaginalis	1
	Umbilical hernia repair	1
	Appendicectomy	1
	I & D of abscess	1
	Exploration of scrotum (testicular torsion)	1

Plastic Surgery

Objective	To develop the skills required to contribute to the management of	plastic
Objective	surgery patients presenting in elective and emergency settings and participate	
		cipate
	under supervision in their operative management.	
Clinical skills	Assessment of burns area & severity	
	Assessment of the injured hand	
	Resuscitation of a patient suffering from thermal injury	
	Assessment and planning the investigation of new and follow-up patients in	
	plastic surgery outpatient clinics	
Technical skills	Split skin graft	1
and	Full thickness skin graft	1
procedures	Repair of divided extensor tendon	1
	Excision and closure of simple skin lesions	2
	Debridement of contaminated or infected wound	2
	Repair of full thickness lip and eyelid lacerations	1

Trauma & Orthopaedic Surgery

Objective	To develop the knowledge and skills required to contribute to the manage	ement
	of patients with significant musculoskeletal trauma and to gain expos	ure to
	elective orthopaedic surgery.	
Trauma manage	<u>ment</u>	
Knowledge	Common systems employed for the identification of important fr	acture
	subtypes to a level sufficient to allow contribution to discussions abou	t their
	management at trauma meetings	
Clinical skills	Contribution to the trauma team as orthopaedic representative	
	Interpretation of plain radiographs of common fractures	
	Management of patients in the fracture clinic	
	Assessment and early management of acutely unwell patients suffering the	
	complications of musculoskeletal trauma	
Technical skills	Application of cast and common splints	2
and	Manipulation under anaesthesia	1
procedures	Open reduction and internal fixation of ankle fracture	1
	Operative management of proximal femoral fracture	1
Elective orthopa	<u>edics</u>	
Clinical skills	Assessment and planning the investigation of new and follow-up patie	ents in
	elective orthopaedic surgery outpatient clinics	
	Assessment and early management of acutely unwell patients suffering	ng the
	complications of elective orthopaedic surgery	-
Technical skills	Arthroscopy	1
and	Arthroplasty	1
procedures		

Urology

Objective	To develop the skills required to contribute to the management of u	rologv
	patients presenting in elective and emergency settings and participate	
	supervision in their operative management.	
Clinical skills	Assessment and planning the investigation of new and follow-up patients in urology outpatient clinics	
	Assessment and early management of patients suffering the complications of urological surgery	
	Assessment and early management of patients with acute testicular	pain.
	urinary retention, ureteric colic and obstructive uropathy	1
Technical skills	Suprapubic catheterisation	3
and	Flexible cystoscopy	3
procedures	Rigid cystoscopy and:	2
	Biopsy and diathermy	
	Retrograde ureterogram	
	Insertion retrograde ureteric stent	
	Exploration of scrotum	2
	Excision of epididymal cyst	2
	Circumcision	2

Vascular Surgery

Objective	To develop the skills required to contribute to the management of va	scular
	surgery patients presenting in elective and emergency settings and parti	cipate
	under supervision in their operative management.	
Clinical skills	Assessment and planning the investigation of new and follow-up patie	ents in
	vascular surgery outpatient clinics	
	Interpretation of CT, MR and digital subtraction angiography	
	Clinical assessment of limb arterial supply and venous drainage	
	Measurement of ABPI and lower limb venous circulation using hand	d help
	Doppler ultrasound probe and tourniquet	
Technical skills	Primary varicose vein surgery	2
and	Exposure & control of major vessels	2
procedures	Vascular suturing	1
	Open and close midline laparotomy incision	1
	Angiography	1
	Major lower limb amputation	1

ST3 PREPARATION MODULES

Cardiothoracic surgery

In order to meet the job specifications of an ST3 trainee, an early years' trainee must take a clear role in the cardiothoracic team, managing cardiac intensive care and ward-based patients under supervision, including the management of acute admissions. They will need to be able to take part

in an outpatient clinic and see new and follow-up patients themselves with the consultant available for advice. Trainees must attend MDT and other departmental meetings and ward rounds and contribute to the surgical care of patients in the operating theatre. They should recognise and initiate the management of common complications and emergencies, over and above those already laid out in the common content and core specialty modules.

This means spending an indicative minimum of 6 months in cardiothoracic surgery in a service which gives trainees access to the appropriate learning opportunities, within a core surgical training programme.

Objective	To acquire sufficient knowledge and skill of the management of patients	under	
Objective			
	the care of a Cardiothoracic team in both elective and emergency environments		
	and in the operating theatre to be ready to enter higher surgical train	ing in	
	Cardiothoracic surgery		
Knowledge	To understand the science, technology and practical application	ns of	
	cardiopulmonary bypass, myocardial protection and circulatory support		
	An in depth working knowledge of the full range of Cardiothoracic condit	ions	
Clinical skills	Management of a patient after cardiac or thoracic surgery on the critica	l care,	
	high dependency and post-operative wards		
Technical skills	Use of defibrillator	4	
and	Arterial cannulation	3	
procedures	Central venous cannulation	2	
	Saphenous vein harvest	3	
	Median sternotomy	2	
	Chest aspiration	3	
	Chest drain insertion and management	3	
	Thoracotomy	2	
	Thoracoscopy port placement	3	

General Surgery

In order to meet the job specifications of an ST3 trainee, an early years' trainee must take a clear role in the general surgery team, managing intensive care and ward-based patients under supervision, including the management of acute admissions. They will need to be able to take part in an outpatient clinic and see new and follow-up patients themselves with the consultant available for advice. Trainees must attend MDT and other departmental meetings and ward rounds and contribute to the surgical care of patients in the operating theatre. They should recognise and initiate the management of common complications and emergencies, over and above those already laid out in the common content and core specialty modules.

This means spending an indicative minimum of 12 months in general surgery in a service which gives trainees access to the appropriate learning opportunities, within a core surgical training programme.

Objective	To acquire sufficient knowledge and skill of the management of patients under the care of general surgical teams in both elective and emergency environments and in the operating theatre to be ready to enter higher surgical training in General Surgery
Knowledge	An in-depth working knowledge of the full range of general surgical conditions

Clinical skills	To be able to diagnose and manage a range of elective conditions presen	-
	general surgeons including appropriate investigation. This should in	
	primary abdominal wall hernias, lesions of the cutaneous and subcuta	ineous
	tissues.	
	To be able to assess and initiate management of patients presenting	-
	common conditions electively to subspecialty clinics. This should inclue	de gall
	stones, upper and lower gastrointestinal tract cancers.	
	To be able to assess and provide the early care of a patient presenting with	acute
	abdominal symptoms and signs. This should include localised and gene	ralised
	peritonitis (Acute cholecystitis, acute diverticulitis, acute pancreatitis, v	isceral
	perforation, acute appendicitis and acute gynaecological condi	
	obstruction (small and large bowel-obstructed hernias, adhesions, o	-
	carcinoma) and localised abdominal pain (biliary colic, non-specific abdo	
	pain).	
	To be able to assess and provide the early care of a patient with suspected	
	abdominal trauma. This should include primary and secondary survey.	
	To be able to recognise assess and provide the early care of a patient pres	enting
	with ruptured abdominal aortic aneurysm and acute arterial insufficiency	-
	To be able to provide the early care of a patients presenting with acute	
	urological conditions including acute urinary retention, ureteric colic, urinary	
	tract infection and acute testicular pain.	
	To be able to diagnose and manage with appropriate investigations superficial	
	and common acute septic conditions including subcutaneous abscess, cellulitis,	
	perianal and pilonidal abscess and breast abscess. To be aware of gas gar	
	and necrotising fasciitis.	igiciic
Technical skills	Chest drain insertion	3
and	Needle biopsy including fine needle aspiration	3
procedures	Rigid sigmoidoscopy	3
F. 2000.00	Excision biopsy of benign skin or subcutaneous lesions	4
	Outpatient treatment of haemorrhoids	2
	Induction of pneumoperitoneum for laparoscopy with port placement	2
	Open and close midline laparotomy incision	2
	Appendicectomy	3
	Inguinal hernia repair	2
	Primary abdominal wall hernia repair	2
L		1

Oral & Maxillofacial Surgery

A trainee can meet the personal specification for appointment to higher surgical training at ST3 level in oral & maxillofacial surgery after an indicative period of just 12 months of core surgical training. A dually qualified core surgical trainee entering ST3 training in any other specialty would face the same requirements as a non-dentally qualified surgical trainee. The syllabus items of the core specialty module for OMFS should be addressed.

Otolaryngology

In order to meet the job specification of an ST3 trainee, an early years' trainee must take a clear role in the Otolaryngology team, managing clinic and ward-based patients under supervision, including the management of acute admissions. This means spending an indicative minimum of six months and preferably 12 months in Otolaryngology with appropriate special interest experience in a service, which gives trainees access to the appropriate learning opportunities. Experience in specialties complementary to Otolaryngology, such as OMFS, plastic surgery, paediatric surgery, neurosurgery, cardiothoracic surgery, ITU and upper GI surgery is also desirable.

Objective	To acquire sufficient knowledge and skill of the management of patients the care of the Otolaryngology team in both elective and emer environments and in the operating theatre to be ready to enter higher su training in Otolaryngology	gency			
General clinical	General clinical skills				
Clinical skills	Take an appropriately focused clinical history				
	Perform a full ENT examination				
Head and Neck					
Knowledge	Anatomy & embryology of the head and neck incl. oral cavity & dentition				
	Physiology of swallowing & speech				
	Microbiology of head and neck				
	The aetiology, presentation, differential diagnosis & management of:				
	 infections of the head and neck 				
	 inflammatory disorders of the head and neck 				
	 neoplasms of the head and neck 				
	 trauma of the head and neck 				
	 neck lumps incl. salivary gland & thyroid disease 				
	voice & swallowing disorders				
Clinical skills	Management of acute airway compromise including an awareness of	of the			
	importance of a team approach				
	Demonstrate competence in the initial management of post tonsillectomy				
	haemorrhage				
Technical skills	Drainage peritonsillar abscess	4			
and	Flexible nasendoscopy	4			
procedures	Tonsillectomy	2			
	Direct laryngoscopy and pharyngoscopy	2			
	Lymph node biopsy	2			
	Resection of skin lesions of H&N	2			
	Tracheostomy	1			
<u>Otology</u>					
Knowledge	Anatomy & embryology of the ear				
	Physiology of hearing & balance				
	Aetiology, presentation, differential diagnosis & management of infection	ns of:			
	 infections of the ear 				
	 ear trauma including skull base trauma 				
	 hearing loss, tinnitus & vertigo 				
-	facial palsy				
Clinical skills	Balance testing				
	Particle repositioning procedures				

	Pure tone audiometry	
	Tympanometry	
Technical skills	EUA ear and microsuction	4
and	Removal of foreign bodies	4
procedures	Myringotomy & Grommet	2
	Suturing of pinna laceration	2
	Drainage of pinna haematoma	2

procedures	Nasal cautery	4
and	Paediatric (adeno)tonsillectomy	2
Technical skills	Myringotomy & grommet insertion	2
	including an awareness of a team approach to management	
	Assessment & initial management of acute airway compromise in ch	nildren
	Assessment & initial management of epistaxis in children	
	Perform a full ENT examination in children	
Clinical skills	referral Take an appropriately focused clinical history in children	
	How NAI may present to ENT surgeons & appropriate pathways for o	nward
	disordered breathing and airway compromise in children	
	Aetiology, presentation, differential diagnosis & management of	sleep
	Methods for age appropriate hearing assessment	
	Speech development	
	How ENT disease may present differently in children	
	children and adults	
Knowledge	Differences in anatomy of the upper aerodigestive tract, nose and ear be	tween
-	n contains competencies specific to paediatric conditions	
	ncies listed in the other 3 domains of this module will be relevant to pae	diatric
Paediatric otola		
	Endoscopic nasal polypectomy	2
Procedures	Manipulation of fractured nose	2
procedures	Nasal cautery	4
and	Nasal packing (anterior & posterior)	4
Technical skills	Rigid nasal endoscopy	4
	Perform a structured visual assessment	
CHINCAI SKIIIS	Assessment & initial management of facial trauma incl. fractured nose Assessment & initial management of epistaxis	
Clinical skills	trauma to the nose & paranasal sinuses	
	 neoplasms of the nose & paranasal sinuses trauma to the nose & paranasal sinuses 	
	 inflammatory disease of the paranasal sinuses 	
	 infections of the nose & paranasal sinuses 	
	epistaxis	
	Aetiology, presentation, differential diagnosis & management of:	
	Nasal physiology including olfaction	
	Microbiology of the nose & paranasal sinuses	
	Anatomy & embryology of the nose & paranasal sinuses	

Paediatric Surgery

In order to meet the job specifications of an ST3 trainee, an early years' trainee must take a clear role in the paediatric surgical team managing clinic and ward-based children and their parents and carers under supervision, including the management of acute paediatric surgical admissions. They will need to be able to take part in an outpatient clinic and see patients with their carers themselves with the consultant available for advice. This means spending an indicative period of 6-12 months in paediatric surgery in a service which gives trainees access to appropriate learning opportunities including exposure to paediatric intensive care as well as an indicative period of 6 months in general surgery.

-	To acquire sufficient knowledge and skill of the management of pa	
	managed by the paediatric surgery team in both elective and emer	
	environments and in the operating theatre to be ready to enter higher su training in paediatric surgery.	irgical
	he elective paediatric surgical patient	
	Common general surgical conditions of childhood	
	Clinical assessment and organization of appropriate investigations for el	ective
	admissions and out-patients	2
	Intravenous cannulation of infants and children	3
and		
procedures		
	he emergency paediatric surgical patient including trauma	
-	General surgical conditions of childhood including: acute abdominal	pain,
	intussusception, bilious vomiting, patterns of trauma including NAI	
	Assessment and organization of appropriate investigations	
	Intravenous cannulation of children and infants	3
	Urethral catheterization of children and infants	3
procedures	Air enema reduction of Intussusception	1
Operative paediat	tric surgery	
Clinical skills	Taking consent for: inguinal hernia repair, circumcision, orchidopexy, ligat	ion of
	PPV, umbilical hernia and appendicectomy	
Technical skills	Circumcision	2
and	Inguinal hernia (not infant)	2
procedures	Ligation of PPV	2
1	Umbilical hernia repair	2
	Appendicectomy	2
1	I & D of abscess	2
1	Exploration of scrotum (testicular torsion)	2
	Pyloromyotomy	1
Intensive care of p	paediatric surgery patients	
	Principles of neonatal and paediatric intensive care	
Clinical skills	Assessment and daily management of patients receiving paediatric/net	onatal
i	intensive care	
		3
Technical skills	Insertion of PIC line	5
	Tracheal intubation	3

Plastic Surgery

In order to meet the person specifications of an ST3 trainee, an early years' trainee must take a clear role in the plastic surgery team, managing clinic and ward-based patients under supervision, including the management of acute plastic surgery admissions. They will need to be able to take part in outpatient clinics and see patients themselves with the consultant available for advice. This means spending an indicative period of 6-12 months in plastic surgery in a service which gives trainees access to the appropriate learning opportunities. Also, by the time a trainee enters ST3 they need to be familiar with the operating room environment both with respect to elective and emergency cases.

Those conditions that present on an urgent or emergency basis necessarily involve some out of hours working. It is expected that there will be appropriate allocation of duties such that the trainee has the opportunity to gain such experience. It is not regarded as sufficient that trainees be taught on daytime trauma lists as this will mean loss of exposure to the more complex and challenging cases that are an important part of the trainee's experience.

The range of conditions a trainee needs to manage are laid out below:

- 1. Assessment and diagnosis of hand trauma cases and including operative management in some cases with appropriate supervision as appropriate
- 2. Assessment and initial management of burns and scalds in children and adults.
- 3. Wound management including complex and contaminated wounds and involving both conservative and operative management
- 4. Assessment and initial management of cases of lower limb trauma involving compound fractures with soft tissue damage, skin loss, major nerve and/or vessel injury
- 5. Diagnosis and management of skin lesions, including skin malignancy
- 6. Competence in the use of general plastic surgery techniques in reconstruction including skin grafting, z-plasty, flap elevation and related techniques. Early competence in the use of the operating microscope
- 7. Management of common elective plastic surgical procedures

Objective	To acquire sufficient knowledge and skill of the management of pa managed by the plastic surgical team in both elective and emer environments and in the operating theatre to be ready to enter higher su	gency
	training in plastic surgery.	
Hand Trauma		
Knowledge	Principles of management in hand trauma	
Clinical skills	Assess, diagnose and formulate management plan for hand trauma cases	
Technical skills	Flexor tendon repair	2
and	Extensor tendon repair	2
procedures	K-wire fixation closed metacarpal and phalangeal fractures	2
	Digital nerve repair	2
	Washout of hand infection	2
	Revision amputation of digit	2
<u>Burns</u>		
Knowledge	Principles of management in thermal injury including an understandi	ng of
	respiratory injury	
Clinical skills	Assess and initiate the management of burns and scalds in children and a	dults
	Assessment of the airway in thermal injury	

	Fluid resuscitation following thermal injury, informed by standard protoc	ols
Technical skills		3
	Change of burns dressings	5
and		
procedures		
Wound Manage	<u>ment</u>	
Knowledge	BAPRAS/BOA guidelines on management of lower limb trauma	
	Principles of the management of complex or contaminated wounds	
Clinical skills	Assessment and provision of advice on treatment of the open tibial fractur	e with
	soft tissue loss, major nerve or vessel injury	
	Assess and initiate treatment for the complex or contaminated wound	
Technical skills	Harvesting of split skin graft	3
and	Application of vacuum-assisted suction device	3
procedures		
Elective Plastic S	<u>urgery</u>	
Knowledge	An appreciation of the breadth of conditions encountered in the el	ective
	practice of the plastic surgery	
Clinical skills	Diagnosis of skin lesions, including skin malignancy	
Technical skills	Use of the operating microscope	2
and	Skin grafting	2
procedures	Z-plasty	2
	Flap elevation	2

Trauma & Orthopaedic Surgery

Core trainees wishing to enter T&O for higher training should endeavour to choose a Core Surgical Training programme that enables them to build foundations for a future career in the specialty. This will involve spending an indicative minimum of 12 months in T&O posts as well as an indicative period of 8 months in other surgical specialties relevant to T&O, such as general surgery, vascular surgery, plastic surgery, neurosurgery and intensive care. Further, core trainees wishing to enter T&O at ST3 level are encouraged to be involved in audit and research relevant to T&O.

By the end of Core Surgical Training, trainees wishing to enter ST3 in T&O must show competence in the overall management of simple and common trauma episodes. They should also be part of the trauma team involved in the management of major and complex trauma. Specifically, they must be able to manage a limited range of techniques involved in treating fractures around the hip and simple internal fixations around the ankle or wrist. In terms of operative fixation, this small selection contains common technical problems. The techniques utilised to resolve them are representative of the types and levels of skills which give an indication of a trainee's fitness to proceed to ST3.

Objective To acquire sufficient knowledge and skill of the management of patients under the care of the Trauma & Orthopaedic team in both elective and emergency environments and in the operating theatre to be ready to enter higher surgical training in Trauma & Orthopaedics. Trauma Common fracture patterns of upper and lower limbs and spine - presentation, management and complications Prioritisation of the multiply injured patient Soft tissue injuries including compartment syndrome, open fractures, cauda equina syndrome, peripheral nerve injury - diagnosis and early management. Musculo-skeletal infection - diagnosis and early management Clinical skills Peri-operative management of emergency orthopaedic patients. Assessment and management planning, including investigations, of new and follow-up patients in fracture clinics. Interpretation of back-slab cast and Removal of encircling limb cast 3 4 Procedures MUA - reduction of displaced fracture / dislocation Ankle - CORIF lateral malleolus fracture Hip - extra-capsular - netwicthor and insertion of DHS Hip - intra-capsular - hemiarthroplasty replacement Wrist - closed reduction & cast Wrist - closed reduction & cast Wrist - closed reduction & ger-cutaneous k-wires 2 2 Elective Orthopaedic conditions Principles of management of patients with common orthopaedic conditions Principles of musculoskeletal neoplasia - including skeletal metastases Clinical skills Peri-operative management of elective orthopaedic conditions Principles of musagement of patients with common orthopaedic conditions Principles of musagement of patients with common orthopaedic conditions Principles of musagement of elective orthopaedic conditions Principles of musagement of elective orthopaedic conditions Principles of musagement				
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	procedures	Knee arthroscopy	1	

Urology

In order to meet the job specifications of an ST3 trainee, an early years' trainee must take a clear role in the Urology team, managing clinic and ward-based patients under supervision, including the management of acute urological admissions. They will need to be able to take part in an outpatient clinic and see patients themselves with the consultant available for advice. This means spending an indicative period of 6-12 months in Urology in a service which gives trainees access to the appropriate learning opportunities.

The range of conditions a trainee needs to manage is laid out below:

- 1. Urinary tract calculi
 - a. to be able to provide the early care of a patient presenting with the symptoms suggestive of urinary tract calculi including onward referral
- 2. Functional urology
 - a. to be able to provide the early care of a patient presenting with lower urinary tract symptoms and dysfunction including onward referral to be able
 - b. to provide the early care of a patient presenting with urinary tract obstruction including onward referral
 - c. to diagnose and initiate management of a patient presenting with acute or chronic urinary retention
- 3. Urinary tract infection to be able
 - a. to provide the early care of a patient presenting with urinary tract infections including onward referral when appropriate
 - b. to be able to provide the early care of a patient presenting with epididymitis and scrotal abscess including onward referral when appropriate
- 4. Urological oncology
 - a. to be able to provide the early care of a patient with suspected urological cancer including onward referral
- 5. Treatment of renal failure
 - a. to be able to provide the early care of a patient presenting with renal failure including onward referral when appropriate
- 6. Testicular pain and swelling
 - a. to be able to provide the early care of a patients presenting with acute testicular pain or testicular swelling

Objective	To acquire sufficient knowledge and skill of the management of patients under		
	the care of the Urology team in both elective and emergency environments and		
	in the operating theatre to be ready to enter higher surgical training in Ur	ology.	
Emergency Urology			
Knowledge	Pathophysiology of obstructive uropathy		
Clinical skills	A systematic prioritised method of managing the patient with urosepsis		
	Contribution to the on-call team as urology representative		
	Assessment and early management of patients with acute testicular pain,		
	urinary retention, ureteric colic and obstructive uropathy		
Technical skills	Ability to insert urethral catheters	4	
and	Ability to insert suprapubic catheters	3	
procedures	Ability to explore the acutely painful testis	3	
Elective Urology			
Knowledge	Detailed anatomy of the urogenital tract		

	Principles of contemporary urological practice	
Clinical skills	Assessment and early management of the post-operative urology supatient Assessment and planning the investigation of new and follow-up patien urology outpatient clinics	C
Technical skills	Ability to perform flexible cystoscopy	4
and	Ultrasound guided prostate biopsy	2
procedures		

Vascular Surgery

In order to meet the job specification of an ST3 trainee, an early years' trainee must take a clear role in the surgical team, managing clinic and ward-based patients under supervision, including the management of acute admissions. They will need to be able to take part in an outpatient clinic and see both new and follow-up patients themselves with the consultant available for advice. This means that it is desirable to spend an indicative period of 6 months in vascular surgery and essential to spend a further indicative period of 6 months in general or vascular surgery in a service which gives trainees access to the appropriate learning opportunities. Because vascular surgical experience is not required for ST3 appointment in that specialty, the outcomes in this module exceed the essential criteria for selection.

Objective	To acquire sufficient knowledge and skill of the management of patients under the care of the Vascular Surgical team in both elective and emergency				
	environments and in the operating theatre to be ready to enter higher surgical				
	training in Vascular Surgery.				
Aortic Aneurysm	Aortic Aneurysm				
Knowledge	Aetiology, presentation, investigation and management options for	aortic			
	aneurysm in the elective setting				
	Presentation, investigation and management options for ruptured	aortic			
	aneurysm				
Clinical skills	Assessment and planning investigation of new patients in the out-patient setting				
	Assessment and planning management of patients presenting as emerge	ncies			
	Contribution to Aortic Aneurysm planning MDT meetings				
Technical skills	Exposure of the femoral artery for EVAR	2			
and	Open and close laparotomy wounds	2			
procedures		_			
Limb Ischaemia					
Knowledge					
Clinical skills	Assessment and planning investigation of new patients in the outpatient or				
	emergency setting				
	Interpretation of the results of Duplex US, CT, MR and DSA angiography				
	Measurement of ABP index				
	Contribution to multi-disciplinary meetings				
Technical skills	Exposure of femoral artery	2			
and	Arterial suturing	2			
procedures	Angioplasty & endovascular stenting	1			
<u>Venous Disease</u>					

Knowledge	Aetiology, presentation, investigation and management of varicose venous ulcers and deep venous thrombosis	veins,
Clinical skills	Assessment and planning investigation of new patients in the outpatient setting Interpretation of results of venous Duplex investigations	
Technical skills	Endovenous treatment of varicose veins	1
and	Open surgery on the long saphenous vein	2
procedures		
Amputation		
Knowledge	Indications for amputation and the risks of surgery Principles of rehabilitation after amputation	
Clinical skills	Assessment of patients and planning level of amputation	
Technical skills	Major limb amputation	2
and		
procedures		